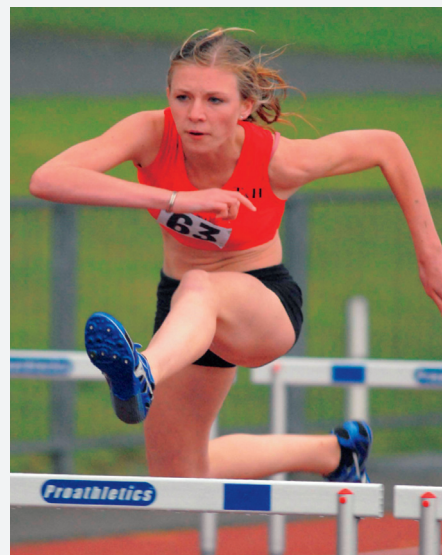


# Hannah Lloyd – Hurdler

Hannah was first selected to compete for her school's athletic team in 2006 in both sprint hurdles and relay disciplines. This first experience of competitive athletics inspired her to take the sport more seriously, leading to her joining a local athletics club.

In the winter of 2007/08 she was invited by UK Athletics to attend a series of hurdles schools for the elite hurdlers in her region. Here she met Britain's Beijing Olympic 400m hurdles Bronze Medalist, Natasha Danvers-Smith who has subsequently agreed to be her mentor.

Since then Hannah has steadily improved her UK National ranking and in 2010 she moved from under 17 to the under 20 age group. This necessitated an additional challenge in moving from 300m hurdles to 400m hurdles. Hannah's main aims for the 2011 season are to final at the major U20 championships and to win a medal at the English Schools Championships this coming July.



## Hannah's Recent Achievements:

	Event	Position
<b>2009 (second year under 17)</b>	U17 300m Hurdles	Semi Finalist (New Indoor PB 42.58 sec)
National Indoor Championships	U20 400m Hurdles	Silver Medallist (New Indoor PB 60.87 sec)
Herts AAA County Championships (Indoors)	U17 4 x 100 m relay	Gold Medallist
Opening Meeting (Stevenage)	U17 300m Hurdles	Ran Qualifying Standard for English Schools Championship
Herts AAA County Championships	U17 300m Hurdles	Gold Medallist
Herts AAA County Championships	U17 200m Hurdles	Bronze Medallist
South of England Championships	U17 300m Hurdles	4th
National U17 & U15 Championships	U17 300m Hurdles	Semi Finalist
ESAA English Championships	U17 300m Hurdles	Finalist 7th
<b>Year End Ranking</b>	<b>9th</b>	<b>East Region: 2nd</b>
<b>2010 (first year Under 20)</b>		
National Indoor Championships	U20 400m Hurdles	Semi Finalist (Ran qualifying standard for English Schools Championships and new PB of 58.14 sec)
Herts AAA County Championships (Indoors)	U20 800m Hurdles	Silver Medallist (New PB 2.23.52 sec)
Herts AAA County Championships	U20 400m Hurdles	Gold Medallist
South of England Championships	U20 400m Hurdles	Finalist 6th (New PB 64.01sec inside National Standard of 64.5 sec for the first time)
England U20 National Champs & World Trials	U20 400m Hurdles	Semi Finalist
ESAA English Championships	U20 400m Hurdles	Finalist (5th) New PB of 62.93
<b>Year End Ranking</b>	<b>9th</b>	<b>East Region: 3rd</b>

## Hannah's Hopes and Aspirations

Goals for 2011	Longer Term Ambitions
<ul style="list-style-type: none"> <li>Reach final of South of England Under 20 Championships</li> <li>Qualify for the National U20 Championships and reach the final</li> <li>Qualify for the English Schools Championships and win a medal</li> <li>To improve her top 10 ranking in the UK National rankings for U20 400m Hurdles</li> <li>To get her PB below 61secs for the U20 400m hurdles</li> </ul>	<ul style="list-style-type: none"> <li>Medal at the National Championships</li> <li>To win her International Vest</li> <li>Represent Great Britain at the European Junior Championships in 2011</li> <li>Win the Junior Championships in 2012</li> <li>Compete for Great Britain at a Senior Level</li> </ul>

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